

Date: _____

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Pediatric Confidential Health Information

Patient's Name: _____ Birth Date: _____ Age: _____
Sex/gender identity _____

Parent's Names: _____

Other Caregiver's Name and Relation to Patient: _____

How did you hear about us? _____

Tell Me About Your Child

Successful health care and preventive medicine are only possible when the physician has a complete understanding of the patient physically, mentally, and emotionally. The nature of your response to the following questions will go a long way in assisting my understanding of your truest desires.

What concerns bring you to our clinic? _____

Please list your child's strengths: _____

Diagnoses or explanations given to you about your child: _____

Being as descriptive as possible, please describe your child to me (attach a sheet if necessary) _____

When did you first notice your child's problems? _____

What did you first notice? _____

Was the onset of your child's problem sudden or gradual? _____

Was there any event or action that you or others think that might have contributed to your child's symptoms (be as detailed as possible)? _____

Current Living Situation

Who is the child presently living with (i.e. Natural Mother, Stepfather): _____

How many people currently live in the household? _____

Is this child adopted? Yes No If yes, please briefly describe the age of the child when adopted and the circumstances of the adoption: _____

Parents

How long have the child's parents been: Married: _____ Separated: _____

Divorced: _____ Living together: _____

If the parents are separated or divorced, please describe custody (physical and legal), visitation rights, and medical decision making authority: _____

If married, describe current relationship (i.e. supportive, conflictual, etc.) _____

Please list any previous marriages: _____

Are there currently any significant marital stressors? Yes/ No If yes, please explain briefly: _____

Biologic Mother

Name: _____ Age: _____

Highest grade completed: _____ Occupation: _____

Do any medical illnesses run in the biologic mother's family (i.e. thyroid, diabetes, seizures, movement problems such as tics or other neurological problems, allergies, etc.?) _____

Biologic Father

Name: _____ Age: _____

Highest grade completed: _____ Occupation: _____

Do any medical illnesses run in the biologic father's family (i.e. thyroid, diabetes, seizures, movement problems such as tics or other neurological problems, allergies, etc.?) _____

Siblings

Name	Age	Blood or Step Sibling	In Home?	
			Yes	No
_____	_____	_____	Yes	No
_____	_____	_____	Yes	No
_____	_____	_____	Yes	No
_____	_____	_____	Yes	No

Have any of the siblings experienced psychological or emotional problems (suicide or suicide attempts, attention or learning difficulties, legal problems, alcohol or substance abuse, social difficulties, or medical problems?) If so, please state who and the nature of the problem:

Please list (current or past) significant areas of conflict in the home between this child and others. _____

Birth History

Mother's age at time of birth: _____ Years Father's age at time of birth: _____ Years

Were any drugs (over-the-counter, prescription and/or street) or alcohol used during pregnancy:

Yes No If so, list the name of the drug and amount or frequency of alcohol use:

How many ultrasounds during pregnancy: _____

Was the child premature? Yes No Number of weeks late: _____ Number of weeks early: _____

Was the delivery unusual in any way? Yes No. If yes, please explain: _____

Did you have a caesarean? Yes No

Baby's birth weight: _____ Apgar Scores _____

Number of days infant was in the hospital after delivery? _____

Any dietary restrictions during pregnancy: Yes No If Yes, please explain: _____

Infancy Period

Child breastfed: Y N For how long: _____ When put on formula: _____

Did the mother have problems with depression after the birth? Yes No If yes, please briefly describe: _____

Check all that apply (birth to present)

Anemia

Asthma

Bad foot odor

Bed--Wetting

Chronic sniffles

Colic

Constipation

Cradle Cap

Defiant

Diarrhea

Eczema or psoriasis

Excessive Tantrums

Fears/Phobias

Finicky eating

Growing pains

Hyperactivity

Jaundice as a baby

Nightmares

Poor teeth

Stomach Aches

Developmental History

Motor development (sitting, crawling, walking):	Average	Early	Late
Speech and language:	Average	Early	Late
Bowel trained:	Average	Early	Late
Bladder trained:	Average	Early	Late
Started to read:	Average	Early	Late

Coordination

Handedness:	Left	Right	Both
Writing skills:	Good	Average	Poor
Athletic abilities:	Good	Average	Poor

Current Behaviors, Moods, Attitudes:

Do you have any concerns about this child's: *(If yes, please describe)*

Self esteem? Yes No _____

Sexual knowledge or awareness? Yes No _____

Gender identity? Yes No _____

Sexual orientation? Yes No _____

Please list the types of discipline you have tried with this child and its effectiveness?

Comprehension and Understanding:

Do you consider this child to understand directions and situations as well as other children his/her age? Yes No If No, please explain:

If this child tells a story about a show, event, etc., do you or others have difficulty understanding him/her? Yes No.

If Yes, is it because he/she (check all that apply):

- | | |
|----------------------------------|-------------------------------------|
| appears confused | has trouble finding the right words |
| leaves out important information | loses train of thought |
| is disorganized | other _____ |

Does this child have trouble remembering things that he/she really cares about? Yes No

Does this child have difficulty following routines (bedtime, dressing, etc.)? Yes No

Does this child frequently lose things or have trouble being organized? Yes No

Free Time

Please describe how this child generally spends his/her free time (i.e. plays alone, plays with friends, plays sports, watches TV, plays video games, etc.): _____

Please list the approximate number of hours per day that this child watches TV: _____

Please list the approximate number of hours per day that this child plays video games: _____

School History

Did this child attend daycare or preschool? Yes No

If Yes, please estimate approximately how many hours per week:

Beginning with kindergarten, list school and indicate performance:

Grade	School	Academic Performance			Behavioral Performance		
		Good	Fair	Poor	Good	Fair	Poor
KG	_____						
1 st	_____						
2 nd	_____						
3 rd	_____						
4 th	_____						
5 th	_____						
6 th	_____						
7 th	_____						
8 th	_____						
9 th	_____						
10 th	_____						
11 th	_____						
12 th	_____						

Are there any known learning disabilities? Yes No *If Yes, please list:*

Has this child been in any special programs (speech, reading, occupational therapy, etc.)?
Yes No. *If Yes, please explain and list grades:*

Has this child ever had to repeat a grade? Yes No *If Yes, please explain:*

Does this child enjoy school? Yes No
Is this child involved in extracurricular activities? Yes No *If yes, please describe:*

Peer Relationships

Does this child seek friendships with peers? Yes No
 Is this child sought by peers for friendship? Yes No

Check any of the following which describes this child's interactions with peers:

- | | | |
|------------------------------|------------------------|--------------------------|
| plays well in groups | trouble making friends | bossy and controlling |
| teased by other kids | loses friends | teasing jealous |
| no problems | no friends | feelings get hurt easily |
| cooperative | few friends | involved in alcohol |
| supportive | rejected by other kids | substance abuse |
| shares well | easily led by others | |
| plays primarily with younger | aggressive or mean | involved in delinquent |
| plays primarily with older | frequent arguments | behavior |

Child's Medical History

If this child's medical history includes any of the following, **please note the age** when the incident or illness occurred and any other pertinent information.

- | | |
|--|-------------------------|
| Hospitalizations: _____ | eye problems: _____ |
| Operations: _____ | hearing problems: _____ |
| Failure to grow: _____ | anemia: _____ |
| Pneumonia: _____ | stomach problems: _____ |
| Asthma: _____ | constipation: _____ |
| Allergies: _____ | poisoning: _____ |
| Skin problems: _____ | bronchitis: _____ |
| Multiple ear infections: _____ | mumps: _____ |
| Tubes placed: _____ | mono: _____ |
| Seizures _____ | thrush: _____ |
| Persistent high fevers: _____ | sinus infection: _____ |
| Movement problems (tics, repetitive movements, etc.) _____ | frequent colds: _____ |
| brain/head injury: _____ | strep throat: _____ |
| Other physical trauma: _____ | other: _____ |

Has this child ever had a neurologic evaluation (exam, MRI, CAT Scan, EEG, etc.)? Yes No
 If so, please describe:

Has this child's vision been tested? Yes No Normal? Yes No Date
 last tested
 Has this child's hearing been tested? Yes No Normal? Yes No
 Date last tested

Child's Present Nutrition Status _____

Height: _____ Weight: _____
 Describe this child's diet: _____

Have you tried any dietary modifications with your child, and what were the results?

Any known allergies to food? Yes / No. If yes, what foods and when was it tested?

Child's Present Medical Status

Primary Care Doctor: _____

May we contact him/her if needed? Yes No

List any present illness(es) for which this child is being treated:

What was the date of this child's last physical exam? _____

Was blood work done? Yes No

List all medications (from drugstore or prescription) child is on now and dosages if known:

- | | |
|----------|----------|
| 1) _____ | 4) _____ |
| 2) _____ | 5) _____ |
| 3) _____ | 6) _____ |

List all supplements child is on now and dosages if known:

- | | |
|----------|----------|
| 1) _____ | 4) _____ |
| 2) _____ | 5) _____ |
| 3) _____ | 6) _____ |

Any known allergies: drugs, environment, animals, etc: _____

How does this child sleep at night? _____

Previous Treatments

Has this child ever received any type of psychiatric, psychological, or academic evaluation or treatment? Yes No If so, fill in the following:

Person or Institution	Dates	Address	Telephone
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Other

Is there anything else you want us to know or that you think would be helpful or important in your health care? _____
